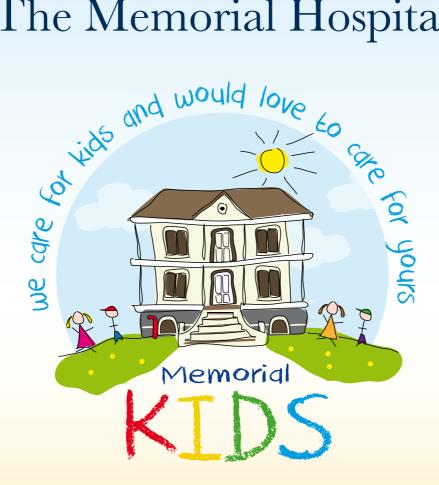
Welcome to The Memorial Hospital



Information for patients/parents/carers

The Memorial Hospital



Guidelines for Parents/Carers

- Parents/Carers are solely responsible for any visiting children brought into the ward and we ask that they be kept under strict supervision.
- On your child's first night after surgery, we ask that visitors be restricted to immediate parents/carers and only two visitors at a time.
- If you are required to leave your child unattended for any period of time or are changing over the carer for your child, please let the nursing staff know.
- If your child has special needs and may require extra support or services during their hospital admission, please contact our Clinical Manager on 8366 3861 and we can discuss your requirements.
- Unless otherwise advised by your child's doctor/nurse discharge time is 0900.
- If you have any court and or police orders in place which may be relevant to your child's stay please ensure you bring a copy of these documents on admission.
- We take the safety and security of patients on the paediatric ward very seriously. Parents/carers please do not be offended if a member of staff asks you to identify yourself.
- Please ensure visitors are kept to a minimum preferably with only one visitor /carer staying overnight.

Admission Procedure

- On arrival at the hospital please report to reception, located at the main entrance.
- Once you have been admitted, you and your parent/carer will be escorted to the ward and shown around your room.
- Two identification bracelets will be placed on your wrist and ankle.
- Your parent/carer will also be required to wear an identification bracelet.
- Your parent/carer will be asked to complete a paediatric security form which provides us with





details regarding allowed visitors. This helps us ensure we keep you are safe during your stay

- You will be weighed and have your temperature, blood pressure and breathing checked
- Your admission paperwork will be checked and the nursing staff will assist your parent/carer to complete this
- The Anaesthetist may visit you prior to surgery
- Please take the time to complete your menu so we know what you would like to eat following your surgery
- If you have any special dietary needs eg. allergies, family or social, please ask your parent/ carer to let us know

What to Bring (if applicable)

- Toiletries
- Pyjamas
- Special toys, books, games, tablet
- Medications
- X-rays
- Any special food or drink







Going to theatre

The nurse and porter will take you to theatre. To ensure you are transported safely you must either sit on the bed or walk independently. Children are not to be carried by their parent/carer up to theatre.

Only one parent/carer can go up to theatre with you and they will stay with you until you go to sleep.

Post operatively

When you wake up you will stay with us in the recovery room for a little while then the nurses will take you back to your room to be with your parent or carer. You may have a bandage on your hand with a small plastic straw coming out of it. This is then hooked up to a bag of water. There is no need to be scared, the nursing staff will be able to take this out once you are eating and drinking and ready to go home.

The nurses will give you medication if you are feeling sore, so let your parent or carer know or you can tell the nurse.

If you have a bandage or band aid on the nurse will check these to make sure they are dry. The nurse will also hold your hand to check your heart beat.

When it's time to go home the nurses will give your parent or carer some information to help when you are at home.

Security

Please leave any valuables at home. If you need to bring valuables to the hospital please let the nursing staff know so they can be placed in the hospital safe for security.

Hospital Facilities

Accommodation is a mix of single, shared and open bay rooms. Bed allocation is based on the clinical need of the child. It is often Doctors preference for patients to be nursed in an open bay for close observation. A fold out bed or recliner chair will be available for you to sleep in.

Meals will be provided for both patients and parents/carers from the hospital menu. Tea and coffee making facilities are also available. Hot drinks to be made in the no spill mugs provided. Please ensure that hot drinks are not consumed in corridors or the play rooms and must be consumed while seated.



The paediatric ward has a playroom, which you are welcome to use at anytime during your stay. Parent/carer supervision is required.

In hospital Wi-fi facilities are available for using your laptop/tablet/mobile phone; however these personal devices should be stored securely at all times.

Visiting Hours

Hospital visiting hours 11:00am-8:00pm.

Your immediate parent/carer are welcome to visit you at anytime.

General

Should you have any questions or concerns regarding your child's stay please do not hesitate to contact the Clinical Manager on 8366 3861.

Our qualified nursing team is committed to assisting your child's recovery.

We welcome you to The Memorial Hospital.

Car Parking

Street parking surrounding the hospital is available at council rates. Most street parking is free after 6:00pm and before 8:30am. Casual car parking is available at commercial rates in the Kermode Street Car Park.

Please be advised that due to the close proximity to the Adelaide Oval, there are temporary road closures and parking restrictions around The Memorial Hospital on event days/nights.

The Memorial Hospital is accessible during these times but please be aware there may be parking shortages and traffic congestion.

Please see: www.adelaideoval.com.au/event/whats-on to check whether this may affect you.





